

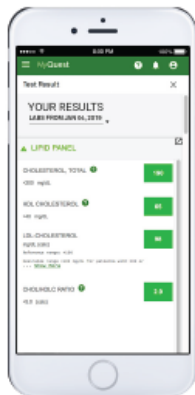
COVID-19 Test Results

You were tested for COVID-19 by the C.L. Brumback Primary Care Mobile Clinic with the Healthcare District of Palm Beach County.

You will be notified of positive results as soon as we receive them.

You can use the directions below to access your results directly from Quest:

Your COVID-19 test specimen
is being processed by
Quest Diagnostics®



Getting your COVID-19 test result through MyQuest™

Your test results will be sent to you through the secure MyQuest™ online portal and app.

Don't have MyQuest?

See steps to create an account to the right.

My Circle lets you see your family's test results

My Circle lets you request permission to access updates on your loved ones' health, including their test results.



*Available on iPhones® running iOS 11.3 or later.

Important information

The test has not been FDA cleared or approved or authorized. The test has been validated according to CLIA, but the FDA's independent review of this validation is pending.

MyQuest™



How to get your test results

- 1 Sign up for MyQuest at QuestDiagnostics.com/MyQuest, or download the MyQuest app.
- 2 Check your email for a message from Quest. Click the link to confirm your email address.
- 3 Log in to your MyQuest account using the username and password that you chose when you signed up.
- 4 Select the "Verify Your Identity" option. Accept the Patient Authorization (HIPAA Authorization).
- 5 Complete the Identity Verification Process.
- 6 You're set! You will now get your Quest Diagnostics test results through your MyQuest account.

If you don't see your lab results within 3-4 days, email MyQuestSupport@QuestDiagnostics.com.

Visit QuestDiagnostics.com/home/Covid-19/ for our full COVID-19 update

If you have trouble accessing your results after 5 days, please call us at 561-642-1000.

Thank you and Stay Healthy!

C.L. Brumback Primary Care Clinics Team
Health Care District of Palm Beach County



Centers of Disease Control COVID-19 Tips

Visit www.CDC.gov for more information

Stay home to diminish transmission to others:

- Self-isolate at home at least 14 days after your symptoms first appear and until your symptoms have resolved or as directed by your primary care provider.
- During this period of self-isolation, be conscious about separating yourself from other people in your home. Try to stay in a specific room, and even use a separate bathroom, if possible.
- You should remain at home until your symptoms resolve or as directed by your primary care provider.
- Cover your coughs and sneezes with a tissue or your arm. If available, wear a facemask.

How to decrease chances of becoming infected:

- Clean your hands often: wash your hands with soap and water for at least 20 seconds. This is important after blowing your nose, coughing, sneezing, going to the bathroom, your hands are visibly soiled and before eating or preparing food.
- Use alcohol based hand sanitizer with at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid sharing personal household items such as dishes, drinking glasses, cups, eating utensils, towels or bedding with other people in your home. Wash these items with soap and water after use.
- Clean all high touch surfaces every day. High touch surfaces includes phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tables and bedside tables.

If your symptoms become more severe:

- Get medical attention immediately if you develop emergency warning signs of COVID-19. They include:
 - ✓ Trouble breathing
 - ✓ Persistent pain or pressure in your chest
 - ✓ New confusion or inability to arouse
 - ✓ Blush lips or face
- If you need to go to the emergency room, please call 911, and let the operator know you are having respiratory symptoms or if you have tested positive for COVID-19.